

Published and Non-published Studies on Audio-Visual Entrainment

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1. **Hypnosis in Anesthesiology**, M.S. Sadove, M.D., Chicago, Illinois Medical Journal, July 1963, Pages 39 to 42.
2. **Flicker Potentials and the Alpha Rhythm in Man**, James Toman, Journal of Neurophysiology, 1941, Vol. 4, Pages 51 to 61.
3. **Colour Illusions and Aberrations During Stimulation by Flickering Light**, W. Grey Walter, Nature, Vol. 177, Page 710.
4. **Responses to Clicks from the Human Brain: Some Depth Electrographic Observations**, Gian Emilio Chatrian, M.D., Magnus C. Petersen, M.D., and Jorge A. Lazarte, M.D. - Rochester State Hospital (1959).
5. **Visual Evoked Responses Elicited by Rapid Stimulation**, Jo Ann S. Kinney, Christine L. McKay, A.J. Mensch, and S.M. Luria, Naval Submarine Medical Research Laboratory, Naval Submarine Medical Centre, Naval Submarine Base New London, Groton, Connecticut (1972).
6. **The Prognosis of Photosensitivity**, P.M. Jeavons, A. Bishop, and G.F.A. Harding, Clinical Neurophysiology Unit, Department of Vision Sciences, Aston University, Birmingham, England (1986).
7. **A Comparison of Depths of Relaxation Produced by Various Techniques and Neurotransmitters Produced by Brainwave Entrainment**, Shealy and Forest Institute of Professional Psychology, Comprehensive Health Care, C. Norman Shealy, M.D., Ph.D., Roger K. Cady, M.D., Richard H. Cox, M.D., Ph.D., Saul Liss, William Clossen, Ph. D., Diane Culver Veehoff, R.N., Ph.D.
8. **Influence of Colour on the Photo Convulsive Response**, T. Takahasi and Y. Tsukahara, Department of Neuropsychiatry and Department of Physiology, Tohoku University School of Medicine, Sendai, Japan (1976).
9. **EEG Alpha Training, Hypnotic Susceptibility and Baseline Techniques**, Bruce Crosson, Rodger Meinz, Eric Laur, Don Williams, and

- Ted Andreychuk, Texas Technological University (1977)
10. **Altered States of Consciousness and Hypnosis: A Discussion**, Erika Fromm, The University of Chicago (1977).
 11. **Hazard of Video Games in Patients with Light-Sensitive Epilepsy**, Neil R. Dahiquist, MD; James F. Mellinger, MD; Donald W. Klass, MD (1983).
 12. **Megabrain Report - Recent Studies in Sound and Light**, Julian Isaacs, Ph.D.
 13. **The Clinical Guide to Light/Sound Instrumentation & Therapy**, Thomas H. Budzynski, Ph.D.
 14. **White and Red Lights in Photic Stimulation**, David Siever, C.E.T.
 15. **Isochronic Tones and Brainwave Entrainment**, David Siever, C.E.T.
 16. **An Electronic Aid for Hypnotic Induction: A Preliminary Report**, William S. Kroger, M.D., and Sidney A. Schnieder, P.E.
 17. **Muscle and Fitness - Mind Over Matter = Muscle** (article), Michael Hutchison (1993).
 18. **Fast Entry To Meditative States With Light and Sound Units**, CMC, England
 19. **Auditory Beats in the Brain**, Gerald Oster, Scientific American.

DENTAL RESEARCH

1. **The Effect of Repetitive Audio/Visual Stimulation on Skeletomotor and Vasomotor Activity in the Low Hypnotizable TMJ Subject**, Dr. Norman Thomas B.D.S., B.Sc., Ph.D. & David Siever, C.E.T. Hypnosis, 1988.
2. **The Effect of the Relaxodont™ Brain Wave Synchronizer on Endodontic Anxiety: Evaluation by Galvanic Skin Resistance, Pulse Rate, Physical Reactions, and Questionnaire Responses**, Donald R. Morse, D.D. S., M.A. (Biol), M.S. (Psychol), PhD (Nutr), and Edmond Chow; D. M.D. (1993).
3. **A Technique for Rapidly Inducing Hypnosis**, Bernard S. Margolis, D.D. S., CAL, June, 1966, Pages 21 to 24.
4. **Tension Occurring in Muscles of Mastication During Jaw Opening - Research using Brainwave Entrainment Devices**, David Siever, C.E.T., Unpublished.
5. **The Application of Audio Stimulation and Electromyographic Biofeedback to Bruxism and Myofascial Pain-Dysfunction Syndrome**, Ardeer Mains, Rudolf Miracles, and Hugo Adrian, Santiago, Chile,

Department of Physiology and Biophysics, Faculty of Medicine, University of Chile (1981).

HEADACHE RESEARCH

1. **The Treatment of Migraine with Variable Frequency Photo-Stimulation**, D.J. Anderson, B.Sc., M.B., B.S. (1989).
2. **Slow Wave Photic Stimulation in the Treatment of Headache - A Preliminary Report**, Glen D. Solomon, M.D.
3. **PMS, EEG Biofeedback, and Photic Stimulation** , Presented at the 1995 SSNR Annual Conference, David Noton, Ph.D.

PAIN RESEARCH

1. **Living with Chronic Pain - A Holistic Treatment Program for Wellness**, Frederic J. Boersma, Ph.D., University of Alberta (1990)
2. **The Use of Repetitive Audio/Visual Entrainment in the Management of Chronic Pain**, Frederic Boersma, Ph.D. and Constance Gagnon. M.Ed. (1992) Medical Hypnoanalysis Journal.

RELAXATION RESEARCH

1. **Mindworld Study #2 - Pilot Study - Effects of S/E Mediated Stress Management with the Metro Dade Police Department, Stress Reduction Study**, Dr. Juan Abascal and Laurel Brucato (1989-1991) Miami Dade Community College. The Effects of Light and Sound Stimulation when used for Relaxation - Juan R. Abascal, Ph.D., and Larel L. Brucato, Ph.D. Miami - Dade Community College
2. **Stress Reduction for Audio/Visual Integrated Stimulation and Self Therapy** - Comptronic Devices Limited